



Singapore Anglican Community Services (SACS) started in 1967, bringing God's love to the community. Through the years, SACS has expanded its services to serve more than 2,500 persons with mental health conditions annually.

CARF Accreditation

Commission on Accreditation of Rehabilitation Facilities (CARF) is a demonstration of accountability and conformance to internationally accepted standards that promote excellence in health and human service programmes.



SACS was the first Asian mental health organisation to be accredited by CARF in 2009. In 2024, SACS attained the three-year re-accreditation.

Please scan here for
SACS brochures.



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www.sacs.org.sg

Information accurate as of July 2024.



PSYCHIATRIC SERVICES

**Providing a seamless continuum of
psychiatric rehabilitation services**

Residential Rehabilitation Services

Short and medium term residential care is provided for persons with mental health conditions (PMHC) in a therapeutic environment to support their recovery process. Rehabilitation programmes are designed to enhance their independent living skills and prepare them to reintegrate back to the community.

Available at **Anglican Care Centres (Hougang and Simei)**

Day Rehabilitation Services

A wide range of structured rehabilitation programmes are available to support PMHC in the recovery process through practical life skills training as well as social and recreational activities. Professional case managers work closely with PMHC to achieve rehabilitation goals and recovery.

Available at **Anglican Care Centres (Bukit Batok, Hougang, Pasir Ris, Simei and Yishun)**



COMMunity Intervention Team

The COMMunity Intervention Team (COMIT) provides assessment, counselling, therapy, case management and psychoeducation support for clients with mental health conditions and dementia, including their caregivers. With the assessment, the team develops individualised care plans for clients or links them up with suitable services.

Available at **Anglican Care Centres (Bukit Batok, Pasir Ris and Yishun)**



Psychiatric Sheltered Home

Temporary accommodation is provided for up to 80 PMHC who can live independently with some form of gainful employment. Counselling and case management support are offered to strengthen clients' independence so that they can better reintegrate into the community.

Available at **Anglican Care Centre (Farrer Park)**

CREST-Youth SACS

The Youth Community Outreach Team increases awareness of mental health and promotes early identification by organising outreach events, involving parents and peers in the recovery journeys and linking them to appropriate health and social support networks.

Available at **Anglican Youth Centre (Sengkang)**

Youth Services

We provide counselling and psychoeducation for youths between 13-24 years old who grapple with mental health related issues during various transitions in their stages of life.

Available at **Anglican Care Centre (Pasir Ris)**

Integrated Employment Services

SACS provides a wide range of employment services that help PMHC gain and sustain employment in the competitive job market:

• Employment Support Services (ESS)

Job placement and support services for PMHC where sustainable employment goals are created to facilitate their transition back into the workforce. Job support is also provided for PMHC who are already in the workforce.

• Employee Assistance Programme (EAP+)

EAP+ aims to provide support to employees with mental health conditions through face to face counselling as well as consultations and training for supervisors and management to equip them with knowledge and skills to support their employees.

• Work Integrated Skills Training (WIST)

WIST is a 5-week (Monday to Friday) half-day programme, designed to equip clients with essential skills and knowledge which will help them integrate back into the community and workforce.

• Social Enterprises

On-the-job retail training in our Social Enterprises equips PMHC with employability skills and empowers them in transiting into the workforce.

Available **Islandwide**

